



Institute for Psychological Advancement

DSM-5 Review

Diagnostic assessment of clients that present for mental health services is an ethical and mandatory requirement for clinicians regardless of the setting and payer source. But diagnostic labels have been a point of contention for many clinicians and a point of controversy, as the decision to diagnose or not relates to reimbursement. A more useful way to view diagnoses, is to recognize the value a diagnosis can have in the treatment process. Accurate diagnosing is not only ethical, but it can greatly assist in treatment planning. The DSM-5 offers many tools to aide in the diagnostic process including specifiers, new diagnoses, revised diagnostic criteria, and assessment measures.

Learning Objectives:

Upon conclusion of this program, participants should be able to...

1. Recognize when it is and is not appropriate to diagnose a client
2. Utilize diagnostic specifiers and other-specified/unspecified diagnoses added with the DSM-5 (replacing NOS disorders)
3. Describe major changes from DSM-IV-TR to DSM-5 including new diagnoses
4. Demonstrate effective use of DSM-5 diagnostic assessment measures

**For more detailed training on diagnoses, check out our 6 hr CE programs that cover assessment, diagnosing, and treatment - Depression, Bipolar, Anxiety, & OCD-Related Disorders; Trauma, Dissociation, & Gender Dysphoria; Substance Use, Behavioral Addiction, & Impulse Control Disorders; and Personality & Eating Disorders.*

Learning Level:

Basic to Intermediate

Target Audience:

This training is designed for professional counselors, school counselors, social workers, marital and family therapists, psychologists, addiction counselors, case managers, nurses, and other health care professionals.

Continuing Education:

To obtain the 6 CE hours associated with this course, the participant will need to sign in at the start of the program and after lunch, if applicable, attend the full course, and complete the program evaluation form. At the end of the program, participants will receive a certificate of completion.

The content of this event may meet requirements for most national, state, and local licensing boards and professional organizations. Be sure to print the event description and submit with your certificate of attendance to your professional board for consideration. For rules governing continuing education, participants should contact their respective regulatory boards.

Kansas Behavioral Sciences Regulatory Board does not require pre-approval of CE programs and does not even offer an approval process for most professions. They will consider CE programs that cover content specific to each profession's practice, skills, ethics, and knowledge. Additional information is provided on their website under each profession, typically in the FAQ sections.

Missouri Division of Professional Registration does not require continuing education providers or programs to be approved prior to the event. They will accept continuing education that is relevant to each profession (i.e. for professional counselors content must be primarily related to counseling, for psychologists content must be mostly psychological, and so on). **This CE program is approved by Missouri for continuing education for social workers.** Additional information is provided on their website.