



## Institute for Psychological Advancement

### Depression, Bipolar, Anxiety, & OCD-Related Disorders - Assess, Diagnose, & Treat

Aside from labels and controversy, a useful way to view diagnoses, is to recognize the value a diagnosis can have in the treatment process. Accurate diagnosing is a necessary start and ongoing process in treatment. It is important for clinicians to understand the specifiers, diagnoses, and assessment measures specific to the diagnoses they commonly treat. This program will review assessment, diagnostic considerations, and treatment recommendations for Depression, Bipolar, Anxiety, & OCD-Related diagnoses. Diagnostic criteria from the DSM-5 will not specifically be covered, but instead considerations will be discussed that will help the clinician in the diagnostic and treatment process.

#### Learning Objectives:

Upon conclusion of this program, participants should be able to...

1. Identify evidence-based treatment interventions for each diagnoses covered
2. Utilize diagnostic specifiers and diagnoses for each diagnoses covered
3. Discuss diagnostic and treatment considerations for each diagnoses covered
4. Describe assessment methods specific to each diagnoses covered

*\*For more detailed training on diagnoses, check out our 6 hr CE programs that cover assessment, diagnosing, and treatment - Trauma, Dissociation, & Gender Dysphoria; Substance Use, Behavioral Addiction, & Impulse Control Disorders; and Personality & Eating Disorders.*

#### Learning Level:

Basic to Intermediate

#### Target Audience:

This training is designed for professional counselors, school counselors, social workers, marital and family therapists, psychologists, addiction counselors, case managers, nurses, and other health care professionals.

#### Continuing Education:

To obtain the 6 CE hours associated with this course, the participant will need to sign in at the start of the program and after lunch, if applicable, attend the full course, and complete the program evaluation form. At the end of the program, participants will receive a certificate of completion.

The content of this event may meet requirements for most national, state, and local licensing boards and professional organizations. Be sure to print the event description and submit with your certificate of attendance to your professional board for consideration. For rules governing continuing education, participants should contact their respective regulatory boards.

Kansas Behavioral Sciences Regulatory Board does not require pre-approval of CE programs and does not even offer an approval process for most professions. They will consider CE programs that cover content specific to each profession's practice, skills, ethics, and knowledge. Additional information is provided on their website under each profession, typically in the FAQ sections.

Missouri Division of Professional Registration does not require continuing education providers or programs to be approved prior to the event. They will accept continuing education that is relevant to each profession (i.e. for professional counselors content must be primarily related to counseling, for psychologists content must be mostly psychological, and so on). CE events are submitted to Missouri for pre-approval for continuing education for social workers. Additional information is provided on their website.