



Institute for Psychological Advancement

Working with Suicidal Clients using Cognitive Behavioral Therapy

Suicide impacts all ages, gender, race, religion, ethnicity, and socio-economic status meaning clinicians will work with suicidal clients in all settings. Cognitive Behavior Therapy (CBT) is an evidence-based treatment that has shown effectiveness with suicidal clients by identifying and modifying maladaptive or negative thoughts that contribute to suicidal behaviors and emotions. This program will review the fundamentals of CBT and teach participants how to approach assessment, management, treatment, and referral of suicidal clients utilizing CBT interventions and skills.

Learning Objectives:

Upon conclusion of this program, participants should be able to...

1. Discuss and describe the foundation of CBT
2. Illustrate effective use of suicide assessment methods
3. Describe and demonstrate use of three CBT interventions or skills for suicidal clients
4. Describe management and referral options for suicidal clients

Learning Level:

Basic to Intermediate

Target Audience:

This training is designed for professional counselors, school counselors, social workers, marital and family therapists, psychologists, addiction counselors, case managers, nurses, and other health care professionals.

Continuing Education:

Suicide Prevention Training Requirement - "HB 1719 was passed during the 2018 legislative session and signed into law. The bill included language that amended section 337.718.1 RSMo requiring certain health care professionals to complete at least two hours of continuing education in suicide assessment, referral, treatment, and management training, as a condition of initial licensure and subsequent to the renewal of the license. The provision goes into effective August 28, 2018." [Missouri Division of Professional Registration](#)

This law applies to professional counselors, bachelor's and master's level social workers, marital and family therapists, psychologists, and other health care providers. Contact your professional organization for details on your specific licensure.

Licensed professional counselors and are reminded that the effective date of this law means current LPCs must obtain the required two (2) hours of continuing education prior to the expiration date of the license June 30, 2019 and each biennial licensure cycle thereafter. The renewal application will include a question concerning compliance with this provision of the law and licensees must maintain documentation of proof of compliance.

Licensed marital and family therapists are reminded that the effective date of this law means current MFTs must obtain the required two (2) hours of continuing education prior to the expiration date of the license February 20, 2020 and each biennial licensure cycle thereafter. The renewal application will include a question concerning compliance with this provision of the law and licensees must maintain documentation of proof of compliance.

Starting September 30, 2018, the State Committee for Social Workers will require evidence of this training to be included with the initial application for licensure and, beginning with the 2019 renewal period, necessary for license renewal.

Psychologists are required to submit evidence of this training for initial licensure in Missouri; it does not apply to renewal licensure.

To obtain the 4 CE hours associated with this course, the participant will need to sign in at the start of the program and after lunch, if applicable, attend the full course, and complete the program evaluation form. At the end of the program, participants will receive a certificate of completion.

The content of this event may meet requirements for most national, state, and local licensing boards and professional organizations. Be sure to print the event description and submit with your certificate of attendance to your professional board for consideration. For rules governing continuing education, participants should contact their respective regulatory boards.

Kansas Behavioral Sciences Regulatory Board does not require pre-approval of CE programs and does not even offer an approval process for most professions. They will consider CE programs that cover content specific to each profession's practice, skills, ethics, and knowledge. Additional information is provided on their website under each profession, typically in the FAQ sections.

Missouri Division of Professional Registration does not require continuing education providers or programs to be approved prior to the event. They will accept continuing education that is relevant to each profession (i.e. for professional counselors content must be primarily related to counseling, for psychologists content must be mostly psychological, and so on). Additional information is provided on their website.