



## **Institute for Psychological Advancement**

### **Co-occurring Trauma & Substance Abuse**

Trauma and substance use are closely linked and intertwined. Both women and men who seek treatment for addiction may have a history of trauma influencing their substance abuse or they could have experienced trauma as a result of their addiction. Understanding trauma and substance abuse and the impact of those relationships is essential for effective assessment, treatment planning, and relapse prevention.

### **Learning Objectives:**

Upon conclusion of this program, participants should be able to...

1. Define trauma and addiction
2. Demonstrate understanding of the relationships between trauma and addiction
3. Recognize signs and symptoms of trauma and addiction
4. Identify considerations for recovery and relapse prevention for trauma and addictions

### **Learning Level:**

Basic

### **Target Audience:**

This training is designed for professional counselors, school counselors, social workers, marital and family therapists, psychologists, addiction counselors, case managers, nurses, and other health care professionals.

### **Continuing Education:**

To obtain the 6 CE hours associated with this course, the participant will need to sign in at the start of the program and after lunch, if applicable, attend the full course, and complete the program evaluation form. At the end of the program, participants will receive a certificate of completion.

The content of this event may meet requirements for most national, state, and local licensing boards and professional organizations. Be sure to print the event description and submit with your certificate of attendance to your professional board for consideration. For rules governing continuing education, participants should contact their respective regulatory boards.

Kansas Behavioral Sciences Regulatory Board does not require pre-approval of CE programs and does not even offer an approval process for most professions. They will consider CE programs that cover content specific to each profession's practice, skills, ethics, and knowledge. Additional information is provided on their website under each profession, typically in the FAQ sections.

Missouri Division of Professional Registration does not require continuing education providers or programs to be approved prior to the event. They will accept continuing education that is relevant to each profession (i.e. for professional counselors content must be primarily related to counseling, for psychologists content must be mostly psychological, and so on). CE events are submitted to Missouri for pre-approval for continuing education for social workers. Additional information is provided on their website.