



Institute for Psychological Advancement

Fundamentals & Ethics of Trauma Treatment

With increased awareness of trauma and resulting client reports, clinicians may find themselves unprepared to effectively help their clients. It is important for clinicians to be prepared for the diagnoses they commonly treat, which now includes trauma-related disorders in many settings. This program will review assessments, diagnostic considerations, and treatment recommendations for trauma-related disorders and symptoms. Common co-occurring disorders/symptoms, such as dissociation, borderline personality disorder, self-injurious behavior, and chronic suicidality, will also be discussed. Clinicians must also be aware of the many ethical considerations specific to working with trauma-related disorders and symptoms including recognizing and addressing transference and attachment issues, minimizing burnout and vicarious trauma, knowing how to manage clients' trauma stories to prevent further trauma, understanding the importance of self awareness and possible consequences of self-disclosure, and more.

Learning Objectives:

Upon conclusion of this program, participants should be able to...

1. Discuss ethical considerations in the treatment of trauma
2. Describe assessment methods specific to trauma-related disorders and symptoms
3. Utilize diagnostic specifiers and codes for trauma-related disorders
4. Identify evidenced-based treatment interventions for trauma
5. Demonstrate use of trauma stabilization skills

Learning Level: Basic

Target Audience: This training is designed for professional counselors, school counselors, social workers, marital and family therapists, psychologists, addiction counselors, case managers, nurses, and other health care professionals.

Continuing Education: To obtain the 6 CE hours associated with this course, the participant will need to sign in at the start of the program and after lunch, if applicable, attend the full course, and complete the program evaluation form. At the end of the program, participants will receive a certificate of completion.

The content of this event may meet requirements for most national, state, and local licensing boards and professional organizations. Be sure to print the event description and submit with your certificate of attendance to your professional board for consideration. For rules governing continuing education, participants should contact their respective regulatory boards.

Kansas Behavioral Sciences Regulatory Board does not require pre-approval of CE programs and does not even offer an approval process for most professions. They will consider CE programs that cover content specific to each profession's practice, skills, ethics, and knowledge. Additional information is provided on their website under each profession, typically in the FAQ sections.

Missouri Division of Professional Registration does not require continuing education providers or programs to be approved prior to the event. They will accept continuing education that is relevant to each profession (i.e. for professional counselors content must be primarily related to counseling, for psychologists content must be mostly psychological, and so on). Additional information is provided on their website. **This CE event is approved by the State Committee for Social Workers in Missouri for continuing education.**